

Limeja Biodanza Oasis

/ open air festival in Nature's living temple /

Sunshine, moonshine, rain and rainbow, river-like sea, hillslope-valley, woods and orchards, you and me, can we dance together into Life? A whole, wild-wise life of warmth and wonder?

Can we be both free and loving, belong fully to ourselves, yet also belong with others and belong in this world, belong on the Earth? Can we let our hearts experience true connection and communion?

Can we allow for the chaos of creation, which is simultaneously destruction and rebirth, to bring us into the unknown regions of the self? Can we feel the restless particles of consciousness settle in our being and become a meaningful cosmos?

Can we touch upon the mystery of existence? Can we meet the Soul of the world in our soul, as well as in other souls, in the place, in all of Nature?

Can we open to Grace?



☼☼☼

The festival shall take place from **July 1st to 8th**, in the countryside of Rovinj (Istra, Croatia), on private land on the southern hillside of Lim Bay, surrounded by woods and sloping down towards the sea. For us humans this means 5 minutes of descent to the beach and 8 minutes of ascent to come back:)

We will meet in this **Mediterranean oasis** of raw wilderness, just barely cultivated by human hand, completely off-grid, with sunshine electricity and rainfall water, and enjoy Biodanza on a newly built dance floor, in a wooden pagoda, open to the surrounding landscape.

The eight days are an invitation to take a regenerative retreat from 'civilisation'. A break from the burdens of ordinary, city life. A leap of faith into the unordinary, which can then, perhaps, become the extraordinary...

Coming back to oneself, bonding with others and community building are all equally important. There will be time and opportunity for active participation as well as for relaxation, pleasure and renewal.

We will have seven teachers lead the vivencias (Biodanza experiences):

Marcelo Ramón Mur (Italy)
Manju Waltraud Pöllmann (Austria)
Hubertus Scheidlberger (Austria)
Nataša Kern (Slovenia)
Alenka Poljšak (Slovenia)
Jana Berčič (Slovenia)
Marijana Pajić (Croatia)*

** Marijana is an apprentice, soon-to-be the first Croatian teacher of Biodanza:)*

SCHEDULE OF TEN VIVENCIAS:

Saturday, July 1st: ARRIVAL // 18:30 - 21:00
Sunday, July 2nd: 10:00 - 12:30 // 18:30 - 21:00
Monday, July 3rd: 10:00 - 12:30 // FREE TIME / CONCERT BY THE FIRE
Tuesday, July 4th: 10:00 - 12:30 // FREE TIME / CONCERT BY THE FIRE
Wednesday, July 5th: FREE TIME // 18:30 - 21:00
Thursday, July 6th: FREE TIME // 18:30 - 21:00
Friday, July 7th: 10:00 - 12:30 // 18:30 - 21:00
Saturday, July 8th: 10:00 - 12:30 // DEPARTURE

~ The schedule is susceptible to change, at any time before or during the festival.

LANGUAGE AND TRANSLATION:

The official language of the festival is English. Translation from English to Croatian will be provided to the group, as well as translation to Slovenian, Italian and German to those who need it.

PRICES:

Early bird price is 210 euro, for applications until June 1st.
Full price is 280 euro, for applications from June 2nd.

For an application to be valid a payment of 70 euro has to be made.
All payment info can be found in the application form, on the link below.

BOOK YOUR PLACE:

There are places for 40 participants.
<https://forms.gle/8Sw9G5nimSkgjNgy9>

ORGANIZERS:

Udruga Ars.Polis - Anke Butorac 9, 52440 Poreč, Croatia, OIB (VAT): 80097360122

Ars.Polis (meaning city-state of the arts) is a non-governmental non-profit organization facilitating the art of living, promoting community and solidarity among people, as well as understanding and compassion for all beings, re-defining spirituality as "love of self, other and the planet" and fostering a sense of sanctity of the Earth, nature and natural cycles, the sanctity of Life...

Contact: Jana Žufić, e-mail: jana@ars.polis.hr, phone: +(385) 91 1860 514

Co-creator of the summer program is Nataša Kern, who organizes and takes care of Biodanza School in Slovenia since 2010, annual Biodanza festival in Slovenija since 2017, regular groups in Slovenia and many full day or weekend workshops in dancing rooms and in nature. An enthusiast of life, she dedicated her professional life since 2006 to spread the experience of Biodanza in Slovenia, Croatia, Austria, Italy, Czechia...

Contact: Nataša Kern, e-mail: biodanza@biodanza.si, phone: +(386) 41 982 881

RULES AND RESOURCES:

Limeja is a 'living temple', a nature preserve and sanctuary, a place of wild wisdom and wholehearted wonder. Here we practice care for the environment, commitment to the land and compassion for all creatures.

We don't flush shit into the sea; we use only natural cosmetics and cleaners; we don't eat animals' flesh, nor any food that costs suffering; we don't drink alcohol during the rituals and workshops; we don't take drugs; we maintain interior and exterior cleanliness.

The land is completely off-grid. Solar power covers our electricity needs and rainfall provides us with a reasonable supply of water (which is collected and filtered, and is safe for everything BUT drinking). There are two outhouses with composting toilets, three showers and three washbasins for guests. We don't want to create wastewaters or damage the soil, and we save the resources.

SHELTER AND FOOD:

Those who want to stay with us the whole time, to deeply experience Limeja, can do so by setting up their own tents and donating to our non-profit organization, Ars.Polis, which will help further the project and fund the programs we organize for the local community.

The others, who like more luxury than Robinson:), can stay in the nearby Naturist Campsite Valalta or Campsite Val Saline, as well as in one of the many hotels or countless apartments Rovinj has to offer. The city is only 5 minutes drive away.

Daniel will be our chef and will prepare three vegan meals a day, which will be optional to order. Who doesn't want to give it a try, to eat healthy and heartily for a week, can go eat something else elsewhere. There are plenty of restaurants and pizzerias in the area.

"I only ask that you respect Limeja as a cruelty-free sanctuary." [Sora Neva, the keeper of the land]

FIRE WARNING:

The wood, the fireplace and the fire are off-limits! There must be one person responsible – namely, the firekeeper – and he/she will be the only one allowed to light the fire in the hearth or add wood to it during the evening.

In summer there is a high risk of conflagration and it is strictly forbidden to light a fire in the open.